

## **Script: Providing Feedback to Adolescents (ages 13-17) - English**

Remember when you filled out all those papers at the beginning of counseling? Well, we work with a team of Psychologists, so we send the information to them, and they put the information into a computer. The computer compares the answers to thousands of other kids your age. Some of these kids have had bad stuff happen to them and some haven't. The computer spits out some answers and they send us a form explaining what it means. Let's see if it sounds like the way you feel.

### **UCLA PTSD INDEX**

The first one asked about all the bad things that have happened to you in your life, and then how you felt about them. The results said that you are still having some problems with thinking about that bad stuff and you feel more worried and jumpy. It also said that you stay by yourself more and don't talk with people as much these days. Does that sound like what has been happening for you? Is this something that we could work on during your time here?

### **Trauma Symptom Checklist for Children (TSCC)**

The second one had a lot of questions that ask about how you feel about many things since the abuse. For the questions that were focused on sex and touching, your answers indicated that it seemed kind of uncomfortable for you. It said you have a lot more worries about that stuff, and other things, since the abuse happened. Does that sound right? It also said you are a lot more scared of people hurting you and sometimes you think of hurting yourself, right? Are you feeling that way today? Is this something that we could work on during your time here?

### **Child Behavior Checklist (CBCL)**

The papers your mom/dad filled out showed that they are very worried about you because of your grades and that you get in a lot more arguments with them now. The results said that you keep lots of feelings inside and then when you can't keep them in any more you blow up and then you get in trouble. That's why we use counseling to let the feelings out little by little and in a way that won't get you in trouble. When you feel better inside, everything probably won't bother you so much, and maybe you won't have so many hassles with your parents. Is this something that we could work on during your time here?

What questions do you have about what we talked about?