

Defining Your Beliefs - Worksheet

Prior to Completing the Assessment:

What initial information have you been provided on this client?

Based on this information, brainstorm some preliminary hypotheses and beliefs you may have about this client and his/her family. (These may include potential family dynamics, internalizing and externalizing behaviors, etc.)

What information would you like to learn about this client?

How will you go about getting that information?

- Interview the Caregiver
- Interview the Child
- Collateral contact. Who? _____
- Administer measures. Which ones?
